

fresh deals

April 19 – April 25

discover local

Whole Grain Milling
Welcome, MN
130 miles



\$1.49/lb



NAVEL ORANGES



2 for \$5

BLACKBERRIES



99¢/lb

VIDALIA ONIONS



\$2.99/lb



YELLOW PEACHES



59¢/lb



WATERMELON



\$2.49/lb

HONEYCRISP
APPLES



\$1.99/lb



GREEN BEANS



*Sales good while supplies last. | 519 1st Avenue SW, Rochester, MN • www.pfc.coop | Open daily 6 am–10 pm

Good. Honest. Local

DELI & BAKERY

\$6.39/lb

CO-OP'S OWN
CRANBERRY
BROCCOLI SALAD
save \$1.60/lb

\$5.99/lb

CO-OP'S OWN
DILL DIP
save \$2.00/lb

\$1.79/ea

OATMEAL
CARMELITA BAR
bakery
save 50¢/ea

WINE, BEER, & SPIRITS
ALL Bauhaus beers on sale

\$8.49/pack

BAUHAUS BREW
LABS—STARGAZER
12 oz., six pack
save \$1.50

\$8.49/pack

BAUHAUS
BREW LABS—
WONDERSTUFF
12 oz., six pack
save \$1.50

SANDWICH SPECIAL

\$4.99

FUN GUY CHEESE
Portabella mushrooms
marinated in balsamic
vinegar, red onion, spinach
and Roth Gruyere on
buttered pita bread

MEAT & CHEESE

\$11.99/lb

BEEMSTER
PARADISO
CHEESE
save \$4.00/lb

\$5.69/lb

MERKT'S SHARP
CHEDDAR
CHEESE SPREAD
save \$2.00/lb

\$4.69/lb

CO-OP'S OWN
MEXICAN-STYLE
HOT CHORIZO
SAUSAGE
save \$1.30/lb

\$7.99/lb

CO-OP'S OWN
UNCURED
BERKSHIRE
SMOKED HAM
save \$2.00/lb

Local

Earth Week at People's Food Co-op

April 19–April 25

- Enter to win a rain barrel at your local Co-op
- Follow us on facebook for a daily online giveaway
- Spend \$30 or more and receive a reusable shopping bag

