

Rochester

CSA Farms

Community Supported Agriculture (CSA) Farms provide weekly distributions of sustainably grown produce, meats, dairy products, and flowers, and much more to households who join for the season. You'll experience a bounty of fresh seasonal vegetables and fruits without planting a seed, all the while directly supporting sustainable agriculture and your local food system.

- **Featherstone Farm**
Rushford Village, MN
Contact: Patty Zanski
507.864.2400
www.featherstonefarm.com
- **Whitewater Gardens Farm**
Altura, MN
Contact: Lonny and Sandy Dietz
507.932.5225
londietz@aol.com
- **Humble Hands Harvest**
Decorah, IA
Contact: Hannah Breckbill
507.513.1502
facebook.com/humblehands
harvest
- **Plainsong Farm**
Harmony, MN
Contact: Jim and Laurie Syverson
507.421.0600
- **Easy Yoke Farm**
Millville, MN
Contact: Daniel & Hannah Miller
507.798.2408
- **Squash Blossom Farm**
Oronoco, MN
Contact: 507.252.9639
www.squashblossomfarm.org
- **Hilltop Greenhouse and Farm**
Ellendale, MN
Contact: 507.889.3271
sales@hilltopgreenhouse.com
- **DreamAcres Farm**
Wykoff, MN
507.352.4255
info[at]dreamacresfarm.org
- **Pine Creek Farms**
Peterson, MN
507.475.3664

Downtown Farmers' Markets

Saturday

Outdoor Market: 4th St.
and 4th Ave. SE
May through October.
7:30 a.m. to noon



Sunday

4th St. and 4th Ave. SE
June through September. 11:00
a.m. to 3:00 p.m.

Tuesday

Highway 52 and 55th St. NW (Gander Mountain)
June through September. 2:00 to 6:00 p.m.

Thursday

The History Center 1195 West Circle Drive SW
June through September. 2:00 to 6:00 p.m.

The main outdoor Summer Market is open every Saturday,
rain or shine, from the first Saturday in May through the last
Saturday in October. Hours are 7:30 a.m. to noon.

Winter Market

Winter Market is located in Bldg. 41 at Graham
Park/Olmsted County Fairgrounds. Hours: 9:00–Noon.
Check www.rochesterdowntownfarmersmarket.org
for dates.

All of the RDFM's 100 vendors are local growers who live and
farm/garden within 50 miles of Rochester, MN.

No pets are allowed in the Market vending areas (except service
animals).

There are around 450 free parking stalls within a one-block
radius of the Saturday market, plus street parking. Additional
spaces in the downtown parking ramps.

A bike rack is located at the market sign on 4th St SE.

Disabled parking spaces are located next to the walk-in entrance
from the east parking lot.

Web sites of interest

www.localharvest.org • www.cameronparkmarket.org
www.farmfreshatlas.org
www.rochesterdowntownfarmersmarket.org



Rochester Downtown Farmers' Market.

Local Foods GUIDE



La Crosse

La Crosse County Farmers' Markets

Wednesday

La Crosse—Bridgeview Plaza

Bridgeview Plaza—2500 Rose St. (parking lot)
First Weds. in June, through last Weds. in October
8:00 a.m. to 1:00 p.m.

Holmen—Festival Foods

Holmen Square—600 Holmen Dr.
(Festival Foods parking lot, set up on grass north of store)
Last Weds. in May through last Weds. in October
3:00 to 7:00 p.m.

West Salem

Parking lot at the corner of Jefferson St. and Mill St.
(bike shelter)
First Weds. in June ends last Weds. in October
2:00 to 6:00 p.m.

Thursday

La Crosse

1815 Ward Ave.
(parking lot of Hmong Cultural & Community Center)
June through end of season. 7:00 a.m. to 4:00 p.m.

Friday

La Crosse—Cameron Park

Downtown La Crosse in Cameron Park at King St. between 4th St. and 5th Ave.

First Fri. in May through last Fri. in Oct. 4:00 to 8:00 p.m.
www.cameronparkmarket.org



Saturday

La Crosse—Cameron Park

Downtown La Crosse in Cameron Park at King St. between 4th St. and 5th Ave.

First Fri. in May through last Fri. in Oct. 8:00 a.m. to 1:00 p.m. www.cameronparkmarket.org

Sunday

Onalaska—Festival Foods

1260 Crossing Meadows Drive (parking lot)
Begins first Sun. in June ends last Sun. in October
8:00 a.m. to 1:00 p.m.



Cameron Park Farmers' Market Music.

This guide is just a starting point. Products and vendors change all the time. Browse the store and you will find many more local items. Enjoy supporting the local economy. Thank You.

CSA Farms

Community Supported Agriculture (CSA) Farms provide weekly distributions of sustainably grown produce, meats, dairy products, and flowers, and much more to households who join for the season. You'll experience a bounty of fresh seasonal vegetables and fruits without planting a seed, all the while directly supporting sustainable agriculture and your local food system.

- **Lynwood Farm CSA**
Stoddard, WI
contact: Lynn Tschumper
lynwood@mwt.net
608.483.2718
- **Keewaydin Farms**
Viola, WI
contact: Rufus Haucke
608.627.1927
www.keewaydinfarms.com
- **Harmony Valley Farm CSA**
Viroqua, WI
contact: Richard de Wilde
608.483.2143
www.harmonyvalleyfarm.com
- **Ridgeland Harvest CSA**
Viroqua, WI
contacts: Cate or Mat Eddy
608.675.3855
www.ridgelandharvest.com
- **Small Family Farm CSA**
La Farge, WI
contact: Jillian Jacquinot
608.625.4178
www.smallfamilycsa.com
- **Old Oak Family Farm CSA**
Bangor, WI
contact: Kyle Zenze
608.386.8066
www.oldoakfamilyfarm.com
- **Sylvan Meadows Farm CSA**
Viroqua, WI
contact: Virginia Goeke
608.637.2544
naturewool@mwt.net
- **Driftless Organics**
Soldiers Grove, WI
608.624.3735
csainfo@driftlessorganics.com
- **Inch by Inch Organic Farm**
Sparta, WI
262.370.8983
www.inchbyinchorganicfarm.com
jennierengert@yahoo.com
- **Knapp Creek Farm CSA**
Westby, WI
contact: Aaron Kane
608.634.3880
www.knappcreekfarm.com

Delivery days, times, and sites vary for each farm—check with the CSA for exact times and locations.

Usually, deliveries begin in late May or early June and end in October. Some farms have winter boxes as well.

If we've overlooked your CSA farm, please contact us so we may add it to this list. Thanks!



People's Food Co-op

315 Fifth Avenue South
downtown La Crosse, WI

608.784.5798

519 First Avenue SW
downtown Rochester, MN

507.289.9061 • www.pfc.coop