2016 Eat Local Farm Tour Guide

Saturday, July 16th, 2016 • 10 a.m. to 4 p.m.

Explore your local farms as they open their doors for self-guided farm visits filled with activities for kids, learning and discovery.
Participating Farms

**NORTHWEST**

1. Will Heal Farm
   2365 Lake George Dr. NW, Cedar, MN (763) 753-8611
   Organic vegetable, medicinal herbs, plants and educational opportunities
   willhealfarm.com

2. TC Farm (2 locations)
   Highland grass fed beef, free-range chicken and pasture-raised pork
   (763) 972-3295
   5405 Calder Ave. SE, Delano, MN
   tc.farm
   No GMOs or hormones

3. Garden Farm
   7367 176th Ave NW, Ramsey, MN (763) 753-5099
   Century family farm, organic certified since 1977
   gardenfarm.wordpress.com

4. Organic Breezy Hill
   3044 Iresfield Ave. NW, Maple Lake, MN (220) 963-6554
   Family owned organic fruit and vegetable farm specializing in fall harvested apples

5. RC Farm (2 locations)
   4432 County Road 12, Montrose, MN (612) 217-1770
   (320) 963-6554
   10389 Baker Avenue SW, Montrose, MN (612) 217-1770
   4432 County Road 12, Montrose, MN
   stonesthrowurbanfarm.com
   Sustainable, pasture raised animals, no GMOs or hormones

6. Riverbend Farm
   5405 Calder Ave. SE, Delano, MN (763) 972-3295
   Certified organic vegetable farm focused on local seeds and cover crops
   rbfcsa.com

**URBAN**

7. Mississippi Mushrooms
   3760 N. Washington Ave. Minneapolis, MN (612) 547-6450
   An indoor culinary mushroom farm located in the city’s industrial Upper Harbor complex
   mississippimushrooms.com

8. The Bee Kneez
   2204 Minnehaha Ave. S., Minneapolis, MN (entrance on 22nd St.)
   A pedal-powered beekeeping social enterprise that focuses on sustainable beekeeping practices, education and advocacy
   thebeekneezdelivery.com

9. Stone’s Throw Urban Farm
   2820 15th Ave S., Minneapolis, MN (952) 451-2819
   A noncontiguous 2.5 acre organic vegetable farm based in the Twin Cities

10. Urban Roots
    463 Maria Ave., St. Paul, MN (651) 228-7073
    Youth development through gardening
    urbanrootsomn.org

11. Hmong American Farmers Association
    20386 Coates Blvd., Hastings, MN (651) 276-9203
    Advancing the prosperity of Hmong farmers through cooperative endeavors, capacity building and advocacy
    hmongfarmers.com

12. Ferndale Market
    31699 Willow Trail, Cannon Falls, MN (651) 263-4556
    Come see our free-range turkeys and visit our on-farm store
    ferndalemarketonline.com

13. Thousand Hills Cattle Co. (2 locations)
    Office Tour – 6492 318 St. Suite A, Cannon Falls, MN (612) 263-4001
    Pasture Grazing Farm – 15554 Grover Ave., NW, Clearwater, MN (612) 266-0753
    Lifetime grazed 100% Grass fed beef
    thousandhillsbeefco.com

14. Simple Harvest Farm Organics
    9800 155th St. E., Nerstrand, MN (651) 664-9446
    An organic omnivore food farm
    simplesharvestfarm.com

15. Shepherd’s Way Farm
    8626 160th St. E., Nerstrand, MN (651) 663-9040
    Family-based farm and sheep-cheese dairy
    shepherdswayfarms.com

16. Hope Creamery
    9043 SW 37th Ave., Hope, MN (651) 684-2019
    Making small batches of fresh butter every day
    hopecreamery.com

17. Blooming Prairie Natural Beef
    14801 SE 14th Ave., Ellendale, MN (507) 313-0645
    Passionate about providing quality beef
    buttermilkcsa.com

18. Featherstone Farm
    43900 City Park Rd., Rushford, MN (651) 882-0327
    A certified organic vegetable farm celebrating its 20th anniversary
    featherstonefarm.com

19. Hooch Orchard and Gardens
    32553 Forster Rd., La Crescent, MN (507) 313-0645
    Certified Biodynamic Organic diversified farm with fruit, veggies, animals, cider and more
    hochorchard.com

20. Sin Fronteras
    13197 10th St. S., Afton, MN (612) 770-7194
    A nonprofit, charitable environmental stewardship.
    sinfronterastc.org

21. 10th Street Farm and Market
    1482 Oak Dr., River Falls, WI (715) 222-2946
    An organic pick-your-own berry farm.
    whitepineberryfarm.com

22. Whistling Well Farm
    9733 St. Croix Trail S., Hastings, MN (651) 998-0301
    Family friendly pick your own apple orchard and pumpkin farm.
    whistlingwellfarm.com

23. White Pine Berry Farm
    1482 Oak Dr., River Falls, WI (715) 222-2946
    An organic pick-your-own berry farm. Strawberries, raspberries, pumpkins, and more!
    whitepineberryfarm.com

24. Big River Farms/Minnesota Food Association
    14220 B Ostlund Trail N., Marine on St. Croix, MN (651) 433-3670
    Nonprofit organic farm for immigrant and minority farmers
    mnfoodassociation.org

25. Poplar Hill Dairy Goat Farm
    12521 Mayberry Trail N., Scandia, MN (651) 442-2506
    Minnesota’s oldest Grade A dairy goat farm
    poplahillfarm.com

26. Buttermilk Falls CSA/Philadelphia Community Farm
    599 280th St., Osceola, WI (715) 294-4048
    Intergenerational community CSA farm on 300 + acres of conserved land
    buttermilkcsa.com

27. Star Prairie Trout
    490 Hill Ave., Star Prairie, WI (715) 248-3633
    Spring fed trout from Wisconsin
    starprairietrout.com

28. Bull Brook Keep
    765 50th Ave., Clear Lake, WI (651) 236-8255
    All about 100% grass-fed beef raised for great taste, high nutrition and environmental stewardship.
    bullbrookkeep.com

29. Women’s Environmental Institute
    Amador Hill Farm and Orchard
    15715 River Rd., North Branch, MN (651) 583-0705
    A nonprofit, charitable environmental research, renewal and retreat center.
    w-e-i.org

**WHAT TO EXPECT?**

- • INTERACTIVE ACTIVITIES – good for kids!
- • GOODS for SALE
- • MUSIC
- • OPEN HOUSE TOURS
- • TOURS on the HOUR, EVERY HOUR
- • NO BATHROOMS, plan ahead!
- • SAMPLES
- • DEMO

**EAST**

20. Sin Fronteras
    13197 10th St. S., Afton, MN (612) 770-7194
    An organic vegetable operation that sells and barters beautiful produce.
    sinfronterastc.org

21. 10th Street Farm and Market
    1482 Oak Dr., River Falls, WI (715) 222-2946
    An organic pick-your-own berry farm. Strawberries, raspberries, pumpkins, and more!
    whitepineberryfarm.com

22. Whistling Well Farm
    9733 St. Croix Trail S., Hastings, MN (651) 998-0301
    Family friendly pick your own apple orchard and pumpkin farm.
    whistlingwellfarm.com

23. White Pine Berry Farm
    1482 Oak Dr., River Falls, WI (715) 222-2946
    An organic pick-your-own berry farm.
    whitepineberryfarm.com

24. Big River Farms/Minnesota Food Association
    14220 B Ostlund Trail N., Marine on St. Croix, MN (651) 433-3670
    Nonprofit organic farm for immigrant and minority farmers
    mnfoodassociation.org

25. Poplar Hill Dairy Goat Farm
    12521 Mayberry Trail N., Scandia, MN (651) 442-2506
    Minnesota’s oldest Grade A dairy goat farm
    poplahillfarm.com

26. Buttermilk Falls CSA/Philadelphia Community Farm
    599 280th St., Osceola, WI (715) 294-4048
    Intergenerational community CSA farm on 300 + acres of conserved land
    buttermilkcsa.com

27. Star Prairie Trout
    490 Hill Ave., Star Prairie, WI (715) 248-3633
    Spring fed trout from Wisconsin
    starprairietrout.com

28. Bull Brook Keep
    765 50th Ave., Clear Lake, WI (651) 236-8255
    All about 100% grass-fed beef raised for great taste, high nutrition and environmental stewardship.
    bullbrookkeep.com

29. Women’s Environmental Institute
    Amador Hill Farm and Orchard
    15715 River Rd., North Branch, MN (651) 583-0705
    A nonprofit, charitable environmental research, renewal and retreat center.
    w-e-i.org
The Eat Local Farm Tour is sponsored by these local food co-ops who believe that supporting our local growers is vital to providing healthy food and participating in environmental protection. In the cooperative spirit, we work together to bolster our local foods economy.

TIPS

• Visit farms only during their set open hours.

• Because GPS can be spotty in rural areas, check your directions on Google Maps before heading out: http://s.coop/1usbu

• Bring a cooler to store all the farm-fresh goods you find.

• Stay on established paths and don’t pick produce without a farmer’s permission.

• Leave pets at home.

• Swing by the local food co-op for snacks and drinks.